



CHILDREN DROWN WITHOUT A SOUND

Children drown swiftly and silently. There is no splash or cry for help.

Supervision is the key to prevent drownings.

THE FACTS...

- ✓ Children can drown in less than one inch of water.
- ✓ Survival depends on quick action. Brain damage or death can occur within three minutes.
- ✓ Barriers are not childproof. They provide layers of protection for a child who strays from supervision.
- ✓ Children who fall into water unexpectedly may panic and forget any swimming skills they have learned.
- ✓ Children are never drownproof!



SAFETY TIPS

- ◆ Keep children in sight at all times.
- ◆ Never leave a child alone near water, not even for a few seconds.
- ◆ Always get into the water feet first.
- ◆ Children should wear life jackets when on a boat or walking near lakes, ponds, rivers, and creeks.
- ◆ Post emergency numbers and keep a phone near the pool.
- ◆ Fence your pool on all four sides with a barrier that is at least five feet high.
- ◆ Use a self-closing gate that is locked when the pool is not in use.
- ◆ Install alarms on all doors leading to the pool area. Doors to pool area should be locked at all times.
- ◆ Supervise...Supervise...Supervise



**For more information on preventing injuries
to children call – 1-800-683-5100**

This project is supported by the Pennsylvania Department of Health and the Preventive Health and Health Services Block Grant from the Centers for Disease Control and Prevention (CDC).